ESIM 2016 Clinical Case Presentation

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LITHUANIA

Clinical case

- Female, 38 years old, current smoker.
- Medical history: tonsillitis, pneumonia.
- No history of TB, DM, nor family history. No medication use.
 No travelling abroad.
- Cold with fever 3 weeks ago.
- For 2 weeks:
 - fatigue,
 - gradual abdominal enlargement, pain and nausea,
 - dyspnea on exertion,
 - fever **38°C** and perspiration,
 - decreased urination.

Clinical case

- Physical:
 - > 95 kg. Normal skin and mucosa.
 - > BT 36.6°C, HR 100 BPM, BP 120/70 mmHg.
 - > BR **26** BPM. Auscultation vesicular sounds, no rales.
 - Tense, painful abdominal enlargement.
 - > Leg edema (-).
- EKG: sinus rhythm, 105 BPM, partial RBBB.
- Abdominal sonography: hepatomegalia (18 cm), splenomegaly (14 cm), ascites.
- Surgeon: ascites without surgical emergency.

Laboratory tests

CBC:

- WBC 10.6x10⁹/I (4.0-9.8)
- Hgb 151 g/l *(117-145)*
- MCV **99** fl *(78-96)*
- MCH **33.8** pg *(26-31)*
- PLT 568x10⁹/I (140-450)

ESR – **53** mm/h *(<15)*.

Urine test:

- prot. 0.3 g/l
- gluc. 5.5 mmol/l
- leuk 8-7/HPF
- mucus 3b.

Blood gasses - mild hypoxemia

Electrolytes, creatinine, α-amylase, ALT, AST, ALP, cholesterol – n.

Protein – **58** g/l *(66-83)*

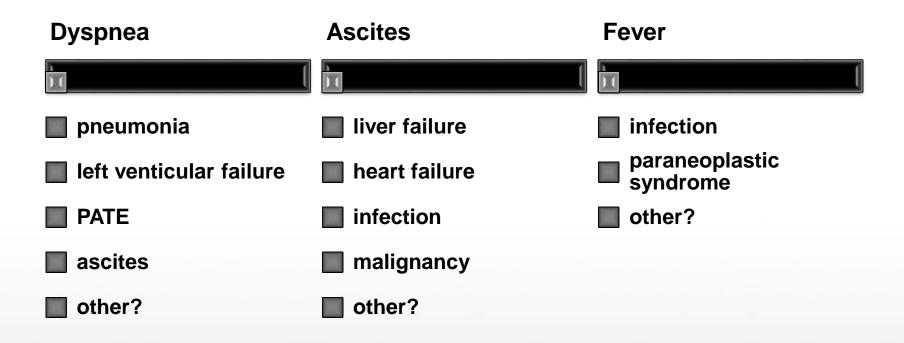
LDH - **833** U/I *(125-243)*

CRP – **198.9** mg/l *(<5)*

Fibrinogen **6.72** g/l *(2-4)*

APTT, SPA, INR - normal

Making a preliminary diagnosis



Further work-up plan???

Work-up

Ascitic tap: yellowish, SG 1.005, pro **45** g/l, gluc. 4.5 mmol/l. Microscopy:

- WBC 5-6 /LPF, RBC 10-12 /LPF,
- collapsed cells,
- inflammatory components,
- piles of <u>atypical cells</u> with varied size nuclei and basophilic cytoplasm.
- AFB (-).

EFGDS: gastroesophageal and duodenogastral reflux, hiatal hernia, erythemic gastropathy.

Gynecologist (TVE): two-chamber cyst ~2.2 cm in the right ovary.

Abdominal and pelvic CT

- Ascites.
- Infiltrated mesentery with multiple lymph nodes.
- Right ovary cystic structure.
- Right pleural effusion.



Initial treatment

- Omeprazole PO
- Bemiparin SC
- Ciprofloxacin PO fever ended
- Diuretics (Furosemidum & Spironolactone PO)

no effect – gained 5 kg in 4 days

Ascites drainage 6.5 L in 6 days.

Transferred to Vilnius University Hospital for further investigation.

Dynamics and further work-up

- Urine test, LDH n.
- HbsAg, anti HCV neg.
- Protein 51.9 g/l (64-83):
 - albumin 42.6% *(48-61)*
 - $\alpha_1 7.4\%$ (2.5 5)
 - α_2 21.0% (8-11)
 - $\beta_1 8.7\%$ (3.1-8.5)
 - β_2 6.6% (2.5-5.5)
 - y 13.7% *(16-25).*
- CA 125 310 kU/l (<35) possible causes???

- CXR no pathology.
- Echocardiography slightly elevated PA resistance.
- Ascites punctate :
 - WBC **1.87**x109/I , Neu 8%, **Ly 89%**.
 - o NO ATYPICAL CELLS.
- Pelvic MRI:
 - » Ascites
 - » Collapsed right ovary cyst
 - » Diffuse mesentery thickening and contrast media accumulation with signs of restriction
 - » Left obturator lymph node structure abnormality

Diagnostic laparoscopy + peritoneum biopsy:

multiple peritoneal, intestinal, hepatic nodules < 1 mm.</p>

Histology:

multiple epithelioid granulomas with multinucleated giant foreignbody and Langhans-type cells and central necrosis.

*No acid-resistant bacteria has been found, thus appropriate clinical correlation and additional microbiological tests are needed.

Clinical diagnosis:

Peritoneal and lymph node tuberculosis. Mesenteric lymphadenitis. Ascites. GERD.

- Transferred to Infectious diseases and TB hospital:
 - HIV (neg.), FBS, FCS, ...
 - Specific treatment
 - Contact person screening:
 - husband active pulmonary TB, probably ~ 6 months (fatigue).

Take home messages

- ✓ TB ascites presentation is non-specific.
- ✓ Paracentesis technique is of great importance.
- √ TB ascitic tap: 500-2500/ml cells + Ly > 70 % + protein ≥30 g/l.
- ✓ Disseminated pelvic TB comprises 1-3% of all forms of TB.
- ✓ Approximately 15%-25% of cases with abdominal TB have concomitant pulmonary TB.
- ✓ CA 125 commonly is elevated in pelvic TB.
- ✓ Peritoneum nodules:
 - miliary TB about 1 2 mm, slightly raised and whitish;
 - carcinomatosis more vascular and more irregular.
- ✓ TB Dx typical granuloma formation (epithelioid histiocytes and mononuclear inflammatory cells) in the absence of other Dx.

Precedent

ABDOMINAL SURGERY

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Primary Peritoneal Tuberculosis with Ascites and Elevated CA 125 Mimicking Advanced Ovarian Carcinoma: Case Report.

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Thank you! Welcome to Lithuania!

